

W Affirming Our Love

hen Kaddish is recited, we affirm our love of those so near and dear who have physically left us.

Our love, however, does not rest on physical survival; it is deeper than that.

When we love, we love the inner being of the beloved, the quality that makes for uniqueness, the spirit that creates personality and character.

That love does not ever disappear. It remains within us as long as we live.

With time we learn to handle the never-ending pain of loss, but that does not erode the affection and emotions we feel for the one who no longer moves about in our midst.

We know that whatever lives, must someday die. That, however, is true only of the material world. The spiritual can endure forever.

When we lose one who is dear, we mourn but we must not mourn excessively. We must be grateful for what we have had and find comfort in our memories.

