

# *Fear Of Death*

*F*ear – not of death or dying  
but of not having lived.

Fear – not of suffering  
but of suffering for no cause.

Fear – not of extinction of life  
but of having left no trace upon the earth.

Fear – not of finitude  
but of being forgotten.

Take heart – make this a life not lived in vain  
Take heart – make this a life not lived for naught.

